







**United Way of Kitsap County** 

# Welcome

# Starting Kindergarten is so Exciting!

### The calendar contains:

- Ideas for fun things to do that will help your child get ready for school
- Kindergarten registration and other school information
- Books every child should hear before starting school
- Contact information for elementary schools and libraries

## Important things to know:

All children are different and learn at their own pace. This calendar will help you plan activities that will help your child grow in the skills needed to start kindergarten. Children do better in school if they know more than just letters, numbers, colors, and shapes. They should have good social and physical skills, and enjoy learning new things. Use the guide below as you work with your child to build those skills and get ready for kindergarten.

### How to use the calendar:

The activities in this calendar are designed for 4 and 5 year olds who will be starting kindergarten next year. They will keep your child busy and learning from September to August. Use this calendar as a guide for fun ideas, but make up some of your own activities too. Be sure to include family members and friends. Have a wonderful year together getting ready for the big event – going to kindergarten!

# Having fun is an important part of learning! Your child learns best when doing fun and interesting things with you!

This school readiness calendar was developed by United Way to help you and your child get ready for that special time - kindergarten!



# Kindergarten Readiness Guide

Use this guide to help prepare your child for school. Don't worry if your child can't do everything on the list right now. Use the items to set goals and remember that children grow and develop at different rates.

## Good Health and Well-Being My Child:

- Eats a balanced diet
- Gets plenty of rest
- Sees the doctor and dentist regularly
- Is up-to-date with all shots
- Runs, jumps, plays outside and does other activities that provide exercise
- Colors, paints, does puzzles and other activities that help develop small muscles

## Social and Emotional Development My Child:

- Is trying new things
- Is learning to work well alone and do tasks independently
- Is learning to play well with other children
- Is curious and wants to learn
- Is learning self-control
- Is learning to use words to express feelings
- Helps with family chores

## Approaches Toward Learning My Child:

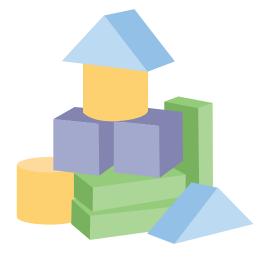
- Pays attention during activities
- Is learning to follow simple directions
- Is learning to finish what is started
- Gets to see and touch things, hear new sounds, smell and taste different foods, and watch things move
- Uses imagination

# Language and Literacy My Child:

- Has many opportunities to talk and listen
- Is read to every day
- Has access to books and other reading materials
- Is learning about print and books
- Says or sings familiar songs and nursery rhymes
- Is learning to write his or her name and address
- Retells stories

### Math and Problem Solving My Child:

- Is learning to sort and classify things
- Is learning to count and play counting games
- Is learning to name shapes and colors
- Makes and listens to music
- Is encouraged to ask questions
- Is encouraged to solve problems
- Has opportunities to draw and be creative
- Has many opportunities to experience new things
- Likes to solve problems



# Make Every Day A "Learning Day" With Your Child!



## Suggest activities that get your child moving.

- Plan family outings that involve exercise.
- Give your child household chores that include movement.
- Use the stairs whenever possible.
- Choose gifts that encourage exercise.
- Limit TV, movies and computer games.

### Encourage healthy eating.

- Keep healthy snacks on hand.
- Plan meals together that include several food groups.
- Visit the farmers market for fresh foods.
- Grow vegetables in a pot or garden.
- Make sweet treats a treat.
- Visit the dentist every six months.

# Teach good hygiene.

- Teach your child to wash his hands after using the bathroom.
- Show them how to cover a cough or sneeze.
- Encourage your child to brush their teeth every day.

### Be safety smart.

- Have a family fire safety plan.
- Teach your child about dialing 9-1-1.
- Check the fit of safety equipment like car seats and bike helmets.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> With your child, look for the number "1" wherever you go today.	2	3	4 Practice a fire drill in your home. Show your child where to meet you outside.
5 This week, look for things that are <b>red</b> .	Labor Day Rosh Hashanah begins	7 Exercise to music together.	8	9	10 Teach your child that medicine is not candy.	11
12 Grandparents Day	13 Find things that begin with the letter "S."	14	15 Teach your child to ask for help when it is needed. Yom Kippur begins	16 Mexican Festival of Independence	17	<b>18</b> Make a salad together.
19 Practice counting from 1 to 10.	20	<b>21</b> Make a dental appointment for your child.	<b>22</b> First Day of Fall	23	24 Collect shoes from around the house, mix them up, then match the pairs.	25
26	27 Go to the library and find out when story time is offered.	28	29 With your child, pretend you are grasshoppers, gorillas and goats.	30		LIVE UNITED United Way

Library BOOKS to LOOK for:

The Three Billy Goats Gruff by Peter Asbjornsen • Big Fat Hen by Keith Baker • Shark Vs. Train by Chris Barton Madeline by Ludwig Bemelman • Barnyard Dance by Sandra Boynton • Snip Snap What's That by Mara Bergman I Ain't Gonna Paint No More by Karen Beaumont

# Read With Your Child Each Day



### Create a reading place for your child.

- Keep your child's books in a special place and easy to reach.
- Put a small rug or pillow in the special place to make it a fun place for reading.
- Talk with your child about how to take care of books.

# Give your child different types of books to read.

- Get a library card for you and your child and visit the library often.
- Visit the children's section of the library together and choose books to take home.
- Look for books in other places.
  - From friends and relatives
  - At garage or yard sales
  - At book stores

# Make some time each day to read with your child.

- Read in a quiet place.
- Hold your child close to you when you read.
- Read your child's favorite books over and over.
- Help your child understand that reading is important.

### Let your child join in the reading.

- Before you start reading, let your child look at the pictures and guess what the book is about.
- Show your child how to read a book (from left to right and front to back).
- Encourage your child to point to the pictures in the book.
- After reading a book, ask him to tell the story in his own words.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Find the number "2" on different things.
3	<b>4</b> With your child, write a note to a friend or relative.	5	6 Find things that come in pairs.	7	8 Cut up an old greeting card in puzzle-like shapes and fit the pieces back together.	9
10 This week, look for things that are orange.	<b>11</b> Indigenous Peoples' Day Columbus Day	12 Find the letter "P" on different things.	13	14 Make a shopping list with your child.	15	<b>16</b> Collect and sort autumn leaves.
17	<b>18</b> This week, find the letter "N" on things around the home.	19	20 With your child, look at the pictures in a book before you read it.	21	<b>22</b> Talk about how all feelings are okay but not all actions are okay.	23
24 31 Halloween	25	26 Have your child choose a special topic and together, find a library book about it.	27	28 Draw something that is orange.	29	30 LIVE UNITED United Way



Goldilocks and the Three Bears by Jan Brett • Goodnight Moon by Margaret Wise Brown The Very Hungry Caterpillar by Eric Carle • Stellaluna by Janell Cannon • Freight Train by Donald Crews Click Clack Moo: Cows That Type by Doreen Cronin Encourage Your Child to Listen and Use Words to Express Ideas and Feelings



# Take time each day to listen and talk with your child.

- While traveling:
  - Turn off the radio
  - Encourage your child to talk about where you are going and what you will do when you get there
- At home:
  - Turn off the TV at mealtime and talk about things that interest your child
  - Talk about things each of you did that day

### Use pictures to help your child express ideas.

- Look at pictures in books together.
- Ask your child to tell you what he sees in each picture.
- Have your child draw a picture and then tell you about it.

### Have your child express different feelings.

- Read books that explain different feelings.
- Talk about times people feel sad, happy, angry or scared.
- Make faces or voices that show feelings.
- Help your child name feelings while he or she is experiencing them.

# Provide activities that involve listening and following directions.

- Have your child do two things in order like:
  - Pick up her plate and put it in the sink
  - Hop to the door and open it

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	<b>2</b> Election Day	3 Find the number "3" on different things today.	4	5	6 Pick a new book and encourage your child to guess what the story will be about by looking at the cover.
<b>7</b> Daylight Savings	8 While in line, talk about waiting your turn.	9	10 Draw a picture of your whole family.	<b>11</b> Veterans Day	12 With your child, listen for different kinds of sounds everywhere you go today.	13
14 During the day, have your child tell you when it is morning, afternoon and night.	15	<b>16</b> Exercise with your child. Hop and do arm circles, counting them as you go.	17	<b>18</b> With your child, make up a story about turkeys, tortillas and turtles.	19	20 Practice shoe tying.
21	<b>22</b> This week,look for things that are <b>brown</b> .	23	24 Make a list of things you are thankful for.	25 Thanksgiving	<b>26</b> With your child, trace the letters of their first name.	27
28 Find the letter "H" this week. Hanukkah begins	29	30 Look for the letter "T" today.				LIVE UNITED United Way



Pete the Cat & His Four Groovy Buttons by James Dean • Jamberry by Bruce Degen Are You My Mother? by P.D. Eastman • Go Away, Big Green Monster by Ed Emberley Olivia by Ian Falconer • Color Zoo by Lois Ehlert

# Make Time for Family



# December 2021

### Encourage family closeness.

- Keep a family journal for everyone to write or draw in.
- Call a relative to say "I love you."
- Eat meals together.
- Create your own family holiday greeting cards.
- Invite family members to your children's activities.
- Share and record great family stories.

#### Reduce stress.

- Take a walk, hike or bike ride for a healthy family activity.
- Start a family game night and play games like "Twister."
- Volunteer to help someone in need.
- Stay true to routines like bed time and meal time.
- Do chores together.
- Laugh together.

#### Establish family traditions.

- Draw secret pal names and do acts of kindness.
- Have a special meal plate that is used to celebrate special occasions.
- Let the birthday person choose their favorite meal.
- Take turns choosing a dinner topic of discussion.

### Make cooking and meal time family time.

- Turn off the TV at cooking and meal times.
- At the table, talk about things that interest your child.
- Share choices about a meal with your child.
- Shop for ingredients together and let your child pick a fruit, vegetable or meat.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Use an egg carton to sort beans, buttons or beads.	2	3	<b>4</b> Find the number "4" on things around the store.
<b>5</b> Call a loved one.	6	7 With your child, pretend to be snowflakes, snowballs and snowmen, then melt.	8	9 Put on music and dance fast, slow, happy and silly.	10	11
12	<b>13</b> Help your child practice zipping their coat and then take a walk together.	14	15 Help your child write the letters of his first name.	16	17 Look for the letter "B" today.	18
19	20	<b>21</b> Draw a winter picture. First Day of Winter	22	<b>23</b> Make cookies with your child to share as a gift.	24 Christmas Eve	25 Christmas Day
26	<b>27</b> This week, look for the letter "D."	28	29 Count backwards from 10 with your child.	30	31	LIVE UNITED United Way
Kwanzaa begins					New Year's Eve	



Bark, George by Jules Feiffer • Blue Chicken by Deborah Freedman • Corduroy by Don Freeman The Gingerbread Boy by Paul Galdone • My Father's Dragon by Ruth Stiles Gannett Apple Pear Orange Bear by Emily Gravett • Chrysanthemum by Kevin Henkes

# Make the Most of TV, Videos and Computers



### Use media as learning tools.

- Select TV programs carefully. Ask yourself, "Does this program teach what I want my child to learn?"
- Check out interesting videos and DVDs from the library. Discover the world of animals, sea life or outer space.
- Reinforce basic skills like colors, shapes and counting with quality computer games.
- Encourage listening by playing different types of music.

### Limit children's total screen time.

- Set limits for TV and computer use.
- Turn the TV off when no one is watching it. Turn it on when you want to watch a specific program.
- Keep the TV and computer in a public area of your home.

### Monitor the media your child is using.

- Select age appropriate TV programs, videos, music, video games and websites.
- Preview programs, videos and websites so you know exactly what your child will see.
- Watch together and talk about what you see.

### Avoid making TV a centerpiece of home life.

- Encourage reading, drawing, playing outdoors, listening to music or card and board games.
- Turn the TV off at meal time and talk about some things each of you did that day.
- Be a role model and set an example by watching less TV yourself.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WITH WAR						1 Ask your child to draw pictures of different places. New Year's Day
2 This week, look for things that are <b>purple</b> .	3	4 Create an obstacle course that requires big movements.	5	6 Practice being quiet for one minute and then for two minutes.	7	8 Play "Simon Says" with your child.
9	10 Practice counting to 10 (or higher!)	11	12 Help your child make a blanket fort and then read inside of it.	13	14 Find the letter "J" in newspapers or magazines.	15
16 Make counting fun by asking things like "How many windows are in this room?"	17 Martin Luther King Jr. Day	18 Find things that begin with the letter "A."	19	20 Today, play toss and catch.	21	22 Read two books today.
23	24	25 Look for the	26	27	28 Teach your	29 LIVE UNITED
30	31	number "5" today.			child their address.	United Way



Bread and Jam For Frances by Russell Hoban • Harold and the Purple Crayon by Crockett Johnson Splash! by Ann Jonas • The Wolf's Chicken Stew by Keiko Kasza • The Snowy Day by Ezra Jack Keats Caps For Sale by Esphyr Slobodkina • Seals on the Bus by Lenny Hort Encourage Your Child to Use School Tools Such as Pencils, Markers, Crayons and Scissors

# February 2022

# Gather and organize tools for drawing, writing and cutting.

- Help your child choose a container for drawing and writing materials.
- Decide on the rules for using drawing and writing materials. For example, "Markers may only be used at the table" and "Scissors are for cutting paper," are good starting rules.
- Find a special place to display drawings and projects your child has made.

### Let your child experiment with drawing.

- Let your child draw pictures in different places.
  - In the kitchen when you are cooking
  - At the park
- Talk with your child about her pictures.
- Praise your child's efforts. Remember, perfection is not the goal.

# Let your child see that words on paper are part of daily life.

- Make a shopping list together.
- Put your child's name on his things.
- Leave notes for family members.

## Help your child practice using scissors.

- Decide where your child will be allowed to use scissors and talk about safety when using them.
- Show your child how to hold scissors and paper while cutting.
- Give your child newspaper, magazines or junk mail to cut.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Groundhog Day	3	4	5
		Kindergarten begin kindergarten regis n to check with your local	stration as early as Febr		With your child, talk about animals with 2 legs/4 legs.	
6 Today, find the number "6" on things.	7	8 With your child, pretend you are lions, logs and falling leaves.	9	10 Play "I love you more than"	11	12 Today, find things with the letter "L" on them. Lincoln's Birthday
13	14 Draw a Valentine's Day heart with your child. Valentine's Day	15	16 Schedule a six-month dental check-up for your child.	17	18 Count all the doors or windows in your home with your child.	19
20 Find the letter "I" this week.	21 Presidents' Day	22 Teach your child his phone number. Washington's Birthday	23	<b>24</b> Talk with your child about what he or she enjoys doing.	25	26 Sing the alphabet song.
27 This week, look for things that are pink.	<b>28</b> Find the letter "V" today.					LIVE UNITED United Way



Anansi and the Moss-Covered Rock by Eric Kimmel • I Want My Hat Back by J. Klassen Frog and Toad Are Friends by Arnold Lobel • Leo The Late Bloomer by Robert Kraus • Wave by Suzy Lee Fhe Story of Ferdinand by Munro Leaf • All Aboard the Dinotrain by Deb Lund Help Your Child Become Aware of the Letters, Words and Sounds of Language



### Teach your child the letters of the alphabet.

- Make cards with one letter of the alphabet on each card.
- Lay out the cards and sing the alphabet song together. Ask your child to touch each letter as you sing.
- Read alphabet books and encourage your child to name the letters he or she recognizes.
- Play "Find the Letter" with your child when you are out shopping.

### Teach your child that words have meanings.

- Help your child recognize his or her first name in print.
- Invite your child to "read" the names of familiar stores, signs and products.
- Help your child make a dictionary with some of his or her favorite words listed under each letter of the alphabet. Ask your child to draw a picture next to each word.

### Help your child match letters to sounds.

- Tape pictures of items that begin with the same letter on the back of each alphabet card. For example, a picture of a banana would go on the back of a letter "B" card.
- Write down a letter and tell your child the sound that letter makes. Ask your child to name other words that have that beginning letter sound.

### Play with rhyming sounds.

- Find different items around the house like a sock, ball or hat. For each item, ask your child to say a word that rhymes with it. Silly words that rhyme are fine.
- Read rhymes with your child. Ask your child to complete rhymes with the correct rhyming word.

Hey diddle diddle. The cat and the _		(fiddle)
Jack and Jill went up the	(hill)	

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> Today, find things that are shaped like a triangle.	<b>2</b> Ash Wednesday	<b>3</b> Find the letter "K" today.	4	5 Read a story with your child and have him tell you what happened first, second and last.
6	7 Find the number "7" today.	8	9 Practice jumping, hopping and skipping	10	11 With your child, find words that rhyme.	12
<b>13</b> Daylight Savings	14	15 Take a walk with your child and look for signs of spring.	16	17 Have your child pick out something green to wear today. St. Patrick's Day	18	19
20 First Day of Spring	21 This week, find the letter "E."	22	23 Start a story, stop and have your child make up the ending.	24	25 Help your child draw a kite with two triangles.	26
27	28	29 Practice throwing and catching a ball.	30	31		LIVE UNITED United Way



Pickin' Peas by Margaret Read MacDonald • Baby Bear, Baby Bear, What Do You See? by Bill Martin .ittle Red Hen by Jerry Pinkney • Make Way For Ducklings by Robert McCloskey f You Give a Mouse A Cookie by Laura Joffe Numeroff • Fancy Nancy by Jane O'Connor

# Help Your Child With Numbers and Counting



### Use number words and point out written numbers when you and your child do things together.

- In the kitchen:
  - "On this package of rice it says to add 2 cups of water."
  - "I need you to put 3 forks and 3 plates on the table."
- At the grocery store:
  - "That sign says bananas are 59 cents a pound."
  - "Pick out 4 apples and put them in this bag."
- At play:
  - "See if you can stack 6 pennies."
  - "Can you put 4 blocks in a row?"

# Play number and counting games with your child.

- Play "Simon Says." Say to your child:
  - "Simon says clap your hands 5 times."
  - "Simon says take 3 steps forward."
  - Let your child have a turn being "Simon."
- Make a card for each of the numbers 1,2,3,4 and 5.
- Ask your child to place the correct number of pennies or beans on each card.

# Read, tell stories, sing songs and say nursery rhymes about numbers and counting.

- Read or tell stories such as The Three Bears to your child.
- Say nursery rhymes such as "One, Two, Buckle my Shoe" and "Baa Baa Black Sheep" with your child.
- Sing counting songs you may remember from your childhood.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Look for the letter "R." Ramadan begins
3	<b>4</b> Make a piggy bank out of a coffee can and start saving coins.	5	6 Help your child draw an umbrella with your child under it.	7	8 This week, find the number "8" on things.	9
10 Put on music and dance and clap to the beat.	11	12 With your child, pretend you are rabbits and robots.	13	14 Find things that are in the shape of a square.	Good Friday Passover begins	<b>16</b> Cook a favorite family breakfast together.
17 Easter Sunday	Look for the letter "Q" this week.	19	20 Play "I Spy" with things that are blue.	21	22 Earth Day	23
24	25	26 Today, eat something from a rectangular or square box.	27	<b>28</b> Find things that are shaped like rectangles.	29	30 LIVE UNITED United Way



lot A Box by Antoinette Portis • Early Bird by Richard Scarry • Curious George by H.A. Rey et's Play in the Forest by Claudia Rueda • We're Going on a Bear Hunt by Michael Rosen o Minutes Till Bedtime by Peggy Rathmann • The Tale of Peter Rabbit by Beatrix Potter

# Give Your Child Daily Opportunities to Get Exercise



# Collect safe toys to help your child use large muscles.

- Use empty plastic water bottles as bowling pins.
- Make beanbags by filling a sock part-way with dried beans and tying a knot.
- Use beanbags, big balls or small pillows to throw and catch.

### Let your child spend time outside.

- Have a safe outdoor place for your child to run and play.
- Set up an obstacle course and have your child steer a tricycle through it.
- Take your child to the park or playground.

## Give your child things to do when playing.

- Encourage your child to play "Hop Scotch" to his or her ability.
- Play singing games such as the "Hokey Pokey."
- Let your child try balancing a book on his or her head while walking.
- Act like different animals. Can your child:
  - Hop like a rabbit?
  - Slide like a snake?
  - Crawl like a bug?
  - Fly like a bird?

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> Make and give a "May Day" gift for a friend or neighbor. <u>May Day</u>	2	3 Have your child name the letters found on cereal boxes, cans and other food items.	4	5 Cinco de Mayo	6 After reading a story, have your child tell you what happened first, next and last.	7
8 Mother's Day	9 Find the number "9" today.	10	<b>11</b> Find things in the store that are shaped like a circle.	12	13	14
15 Find the letter "M" today.	16	17 With your child, count as high as they can.	18	<b>19</b> Visit the PBS website at pbskids.org	20	21 Draw something yellow.
22	23 Today practice good hand washing.	24	25 Keep the TV off today.	26	27 Help your child practice writing his/her name.	28
29 Find the letter "O" today.	<b>30</b> Memorial Day	31 Go to the library and explore their on-line services.				LIVE UNITED United Way



The Stinky Cheese Man by Jon Scieszka • Where the Wild Things Are by Maurice Sendak The Cat in the Hat by Dr. Seuss • One Fish, Two Fish, Red Fish, Blue Fish by Dr. Seuss Fox in Socks by Dr. Seuss • Green Eggs and Ham by Dr. Seuss

# Play is a Child's Work



#### Encourage your child to pretend and make believe.

- Make and decorate puppets out of paper bags or old socks. Have your child perform a puppet show!
- Have some grown up clothes, costumes and accessories for your child to use for dress-up.
- With your child, set up a pretend store using empty household food containers.
- Provide basic wooden blocks or other building sets for your child to play with.
- Remember to let your child play alone if he or she is happy.

### Encourage artful expressions.

- Take your child on a nature walk and collect interesting objects in a bag.
- Create a collage from this nature collection.
- Paint an old sheet using diluted paints in spray bottles.
- Use freezer paper for finger-painting.
- Let your child make music.
  - Use wooden spoons and plastic tubs for drums.
  - Make cymbals using pot lids.
  - Put dried beans inside two paper plates stapled together for shakers.

### Play learning games with your child.

- Make matching pairs of cards using stickers or different colors or shapes.
- Start with six pairs of matching cards, face up and shuffled. Invite your child to find two cards that match.
- Add additional pairs of cards as your child becomes more skilled at finding the pairs.
- Play "I Spy" with objects around the house. For example, "I spy something yellow. You peel it and eat it. What is it?" (banana)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Pretend it's the first day of school and practice saying "good -bye" to each other.	3	4
5	6 Ask your child to draw a big square, then draw things in, out, over and under the square.	7	8 Play "Follow the Leader" outside.	9	10 Find the number "10" today.	11
<b>12</b> Find the letter "C" this week.	13	14 Learn a patriotic song. Flag Day	15	16 Make your own bean bags and then play catch.	17	18 Talk about how some children have special needs.
19 Father's Day Juneteenth	20 This week, look for the colors of the rainbow.	<b>21</b> First Day of Summer	22 Look for the letter "F" on things.	23	24 Go on a rock hunt. How are the rocks the same or different?	25
26	27	<b>28</b> Count in groups of "10" with your child.	29	30		LIVE UNITED United Way



Sheep in a Jeep by Nancy Shaw • Joseph Had a Little Overcoat by Simms Taback What Can You Do With a Rebozo/Que Puedes Hacer Con Un Rebozo by Carmen Tafolla A Hat for Minerva Louise by Janet Morgan Stoeke • The Giving Tree by Shel Silverstein

# Invite Your Child to Think and Solve Problems

JULY 2022

# Involve your child in discovering things that go together.

- Collect things that go together from around your home. For example:
  - Comb and brush
  - Spoon and fork
  - Toothbrush and toothpaste
  - Flower and vase
- Mix the items up and have your child find the two objects that go together.
- Encourage your child to tell you why they go together.

### Play pattern games together.

- Create a movement pattern and ask your child to repeat it. For example: step-step-jump-turn.
- Start a pattern using objects and ask your child to keep it going. For example: crayon, crayon, penny, crayon, crayon, penny.
- Have your child make up a pattern for you to repeat together.

# Provide opportunities to experience and solve conflicts.

- Give your child lots of time to play with other children.
- Encourage activities that involve sharing such as blocks, crayons, Play-Doh and dress-up.
- Make up a conflict with stuffed animals or puppets.
- Talk about how the different animals are feeling. Discuss with your child how to resolve the conflict.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Say a word and ask your child to tell you the opposite (big, small, sad, happy.)
3	<b>4</b> Have your child find things that are <b>red</b> , <b>white</b> and <b>blue</b> . Independence Day	5	6 Find the letter "W" today.	7	8 Practice writing letters and numbers with your child.	9
10 Find the letter "X" this week.	11	12 Count pennies as high as your child can count.	13	14 Practice singing the letters of the alphabet.	15	16 Use chalk to draw on the sidewalk or driveway.
17	18 Play "Which is Bigger?" using the numbers 1-10.	19	20 Find the letter "Y" today.	21	22 Celebrate something your child has recently accomplished.	23
24	25	26	27	28	29	30
31	Together, recall and list the day's events.	Put together a puzzle with your child.		Find the letter "Z" today.		United Way



The Doghouse by Jan Thomas • Press Here by Herve Tullet • Flotsam by David Wiesner Alexander and the Terrible, Horrible, No Good, Very Bad Day by Judith Viorst Mouse Paint by Ellen Stoll Walsh • Owl Babies by Martin Waddell

# Make "Going to Kindergarten" Plans with Your Child



August 2022

### Get ready for kindergarten.

- Begin to gather school supplies for your child.
- Play school with your child. Take turns being the teacher.
- Pretend your car is the school bus.
- Eat a meal from a lunch box or bag.
- Have your child put on and take off a coat.
- Sing songs and draw pictures.
- Decide how you will say goodbye to each other on the first day of school.

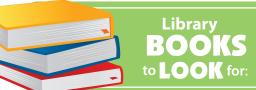
#### Visit your child's school.

- Attend your school's open house or "Back to School" event this month.
- Learn about your child's school bus route and times.
- Find out about the daily schedule for your child's class.
- Explore the classroom.
- Look for the cafeteria, playground, restrooms, principal's office & library.

### Establish a school routine.

- Determine a regular bedtime for your child.
- Put backpacks and school supplies in the same place every day.
- Talk about and choose school clothes the night before school.
- Have a pleasant conversation with your child on the way to school or the bus stop.

SUNDAY	Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> Review the alphabet with your child.	2	3 Have your child draw a picture of his new school.	4	5 Practice math at home. For example, "I have 1 cookie and you have 2 cookies. That makes 3 cookies."	6
7	8	9 Visit your child's school and play on the playground.	10	<b>11</b> Take a walk and talk about all the different sounds you hear.	12	13
14	15 Read books at the beach or park.	16	17 Organize what your child will need for the first day of school.	18	19 Have your child bounce a ball and count each bounce.	20
21	22	23 Have your child write his/her name and identify each letter.	24	25 Talk about ways to make friends.	26	27
28	29 Have your child draw a circle, square, triangle and a rectangle.	30	<b>31</b> Practice zipping and buttoning with your child.			LIVE UNITED United Way



Don't Let the Pigeon Drive the Bus by Mo Willems • King Bidgood's in the Bathtub by Audrey Wood Trashy Town by Andrea Zimmerman • I Went Walking by Sue Williams • Beat Snores On by Karma Wilson The Little Mouse, the Red Ripe Strawberry and the Big Hungry Bear by Don Wood

# Kitsap County Elementary Schools

#### Bainbridge Island School District

8489 Madison Ave NE Bainbridge Island, WA 98110 206-842-4714 www.bisd303.org

Captain Johnston Blakely Elementary School 4704 Blakely Ave Bainbridge Island, WA 98110 206-842-4752

Ordway Elementary School 8555 Madison Ave N Bainbridge Island, WA 98110 206-842-7637

Captain Charles Wilkes Elementary School 12781 Madison Ave NE Bainbridge Island, WA 98110 206-842-4411

#### Bremerton School District

134 Marion Ave N Bremerton, WA 98312 360-473-1000 www.bremertonschools.org Armin Jahr Elementary School 800 Dibb St Bremerton, WA 98310 360-473-4100

Crownhill Elementary School 1500 Rocky Point Rd Bremerton, WA 98312 360-473-4200

Kitsap Lake Elementary School 1111 Carr Blvd Bremerton, WA 98312 360-473-4300

Naval Avenue Early Learning Center 900 Olympic Ave Bremerton, WA 98337 360-473-4400

View Ridge Elementary School 3250 Spruce Ave Bremerton, WA 98310 360-473-4500

West Hills STEM Academy 520 National Ave S Bremerton, WA 98312 360-473-4600 Bremerton Home Link Program 1500 Rocky Point Rd Bremerton, WA 98312 360-473-4206

#### Central Kitsap School District

9210 Silverdale Way NW Silverdale, WA 98383 360-662-1610 www.ckschools.org

Brownsville Elementary School 8795 Illahee Rd NE Bremerton, WA 98311 360-662-8000

Clear Creek Elementary School 12901 Winter Creek Ave NW Silverdale, WA 98383 360-662-8100

Cottonwood Elementary School 330 NE Foster Rd Bremerton, WA 98311 360-662-8300

Cougar Valley Elementary School 13200 Olympic View Rd NW Silverdale, WA 98383 360-662-8400 Emerald Heights Elementary School 1260 NW Pinnacle Ct Silverdale, WA 98383 360-662-8500

Esquire Hills Elementary School 2650 NE John Carlson Rd Bremerton, WA 98311 360-662-8600

Green Mountain Elementary School 3860 Boundary Trail NW Bremerton, WA 98312 360-662-8700

Hawk at Jackson Park Elementary School 2900 Austin Dr Bremerton, WA 98312 360-662-9000

PineCrest Elementary School 5530 Pine Road NE Bremerton, WA 98311 360-662-9200

Silver Ridge Elementary School 10622 Hillsboro Dr NW Silverdale, WA 98383 360-662-9500 Silverdale Elementary School 9100 Dickey Rd NW Silverdale, WA 98383 360-662-9400

Woodlands Elementary School 7420 Central Valley Rd NE Bremerton, WA 98311 360-662-9700

#### North Kitsap School District

18360 NE Caldart Ave Poulsbo, WA 98370 360-396-3000 www.nkschools.org

David Wolfle Elementary School Highland Rd NE Kingston, WA 98346 360-396-3700

Hilder Pearson Elementary School 15650 Central Valley Rd Poulsbo, WA 98370 360-396-3750

Richard Gordon Elementary School 26331 Barber Cutoff Rd Kingston, WA 98346 360-396-3800 Poulsbo Elementary School 18531 Noll Rd NE Poulsbo, WA 98370 360-396-3500

Suquamish Elementary School 18950 Park Ave NE Suquamish, WA 98392 360-396-3850

Vinland Elementary School 22104 Rhododendron Ln NW Poulsbo, WA 98370 360-396-3600

#### South Kitsap School District

2689 Hoover Ave SE Port Orchard, WA 98366 360-874-7000 www.skitsap.wednet.edu

Burley-Glenwood Elementary School 100 SW Lakeway Blvd Port Orchard, WA 98367 360-443-3110

East Port Orchard Elementary School 2649 Hoover Ave SE Port Orchard, WA 98366 360-443-3170

# Kitsap County Elementary Schools

Explorer & Hope Academy 1723 Wolves Dr Port Orchard, WA 98366 360-443-3605

Hidden Creek Elementary School 5455 Converse Rd SE Port Orchard, WA 98367 360-443-3050

Madrona Heights Developmental Preschool 2150 Fircrest Dr SE Port Orchard, WA 98366 360-443-3625

Manchester Elementary School 1901 California Ave E Port Orchard, WA 98366 360-443-3230

Mullenix Ridge Elementary School 3900 SE Mullenix Rd Port Orchard, WA 98367 360-443-3290 Olalla Elementary School 6100 SE Denny Bond Blvd Olalla, WA 98359 360-443-3350

Orchard Heights Elementary School 2288 Fircrest Dr SE Port Orchard, WA 98366 360-443-3530

Sidney Glen Elementary School 500 SW Birch Rd Port Orchard, WA 98367 360-443-3400

South Colby Elementary School 3281 Banner Rd SE Port Orchard, WA 98366 360-443-3000

Sunnyslope Elementary School 4183 Sunnyslope Rd SW Port Orchard, WA 98367 360-443-3470

#### Port Gamble S'Klallam Tribe

Early Childhood Education Program 32028 Little Boston Rd NE Kingston, WA 98346 360-297-6300

#### **Suquamish Tribe**

Chief Kitsap Academy High School 15801 Creative Drive NE Poulsbo, WA 98370 360-394-8566

Marion Forsman-Boushie Early Learning Center 5283 Totten Rd Poulsbo, WA 98370 P. O. Box 498 Suquamish, WA 98392 360-394-8578

# Kindergarten Readiness Resources

Kindergarten Milestones and Skill Builders by Subject www.familyeducation.com

> Parents and Family Resources www.dcyf.wa.gov/services

WA Kindergarten Inventory of Developing Skills www.k12.wa.us/wakids

> Child Care Aware of Washington www.childcareawarewa.org

National PTA Parent's Guide to Student Success www.pta.org

Tools for Your Child's Ages and Stages www.bornlearning.org

WA Early Learning and Development Guidelines www.dcyf.wa.gov/sites/default/files/pdf/guidelines.pdf

# Kitsap County Regional Libraries

Sylvan Way (Main Branch) 1301 Sylvan Way Bremerton, WA 98310 360-405-9100

#### **Bainbridge Island**

1270 Madison Ave N Bainbridge Island, WA 98110 206-842-4162

#### Bookmobile

1301 Sylvan Way Bremerton, WA 98310 360-405-9112

#### **Downtown Bremerton**

612 Fifth St Bremerton, WA 98337 360-377-3955 Kingston 26159 Dulay Rd NE Kingston, WA 98346 360-297-3330

#### Little Boston

31980 Little Boston Rd NE Kingston, WA 98346 360-297-2670

#### Manchester

8067 E. Main St Port Orchard, WA 98366 360-871-3921

#### Port Orchard 87 Sidney Ave

Port Orchard, WA 98366 360-876-2224

#### Poulsbo

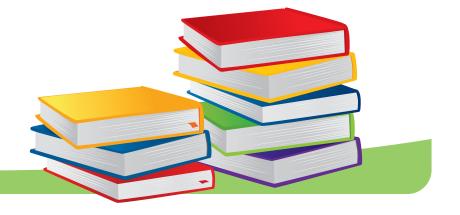
700 NE Lincoln Rd Poulsbo, WA 98370 360-779-2915

#### Silverdale

3450 NW Carlton St Silverdale, WA 98383 360-692-2779

#### Kitsap Regional Library

www.krl.org



# Songs and Finger Plays

Below are a few songs and finger plays recommended by The Public Library Association. Parents and caregivers can use them to develop reading readiness in children beginning to read.

# If You're Happy and You Know It

If you're happy and you know it, Clap your hands. If you're happy and you know it, Clap your hands. If you're happy and you know it, Then your face will surely show it, If you're happy and you know it, Clap your hands. (repeat with stomp your feet, shout hurray, peekaboo, slap your knees)

## Five Little Ducks

Five little ducks that I once knew, Fat ones, skinny ones there were too. But the one little duck with the feather on his back, He led the others with a quack, quack, quack. Quack, quack, quack. He led the others with a quack, quack, quack. He led the others with a quack, quack, quack. Down to the meadow they would go, Wibble wobble, wibble, wobble to and fro, But the one little duck with the feather on his back... (repeat refrain)

## Head and Shoulders, Knees and Toes

(throughout, touch the appropriate part of own body) Head and shoulders, knees and toes, knees and toes. Head and shoulders, knees and toes, knees and toes. Eyes and ears, and mouth and nose, Head and shoulders, knees and toes, knees and toes.

### Reach for the Ceiling

(suit actions to words) Reach for the ceiling, Touch the floor, Stand up again, Let's do some more. Touch your head, Touch your knee, Up to your sholders, Like this you see. Reach for the ceiling, Touch the floor. That's all for now, There isn't anymore.



# Wheels on the Bus

The wheels on the bus go round and round, Round and round, round and round, The wheels on the bus go round and round, Round and round, round and round, All around the town. The wipers on the bus go swish, swish, swish... The driver on the bus go swish, swish, swish... The people on the bus go up and down... The babies on the bus go "wah, wah, wah"... The parents on the bus go "ssh, ssh, ssh, ssh"... (adaptions: the horse on the farm goes "neigh,

neigh, neigh," cow, lamb, pig, etc.)

# Little Turtle

There was a little turtle, (make a fist)

He lived in a box. (put one fist in cupped oppisite hand) He swam in a puddle. (make paddling motion with hands) He climbed on the rock. (climb hands upwards in front of body) He snapped at a mosquito, (make 'snap' motion with thumb and forefinger on last word) He snapped at a flea, (snap on last word) He snapped at a minnow, He snapped at me. (snap at your nose on last word) He caught the mosquito, (clap on last word) He caught the flea, (clap on last word) He caught the minnow, (clap on last word)

But he didn't catch me! (point to self and shake head "no"!)





645 4th Street Suite 101 / Bremerton, WA 98337 / 360-377-8505 info@unitedwaykitsap.org / www.unitedwaykitsap.org / www.volunteerkitsap.org